

# WELCOME TO SHADOWCLIFF!

We are very excited to welcome you to our 2024 season. We hope you enjoy your stay and find it relaxing and restorative.

Our intention is that this guestbook will provide you with all the information you'll need to feel comfortable and confident about your time with us. Rest assured we will continue to adhere to careful health, safety, and cleaning protocols to ensure your safety.

We sincerely hope your experience here will readily align with our Mission to hold space for individual and collective transformation. We believe you'll personally experience our core Values of Healing, Growth, Interconnection, Community, and Affordability.

Shadowcliff is a 501(c)3 nonprofit, managed by a small, dedicated year-round staff. Shadowcliff's volunteer Board of Directors and Advisory Council oversee strategic priorities to ensure our long-term sustainability.

Interested in supporting Shadowcliff to fulfill its Mission and Values?

- Help us to provide this experience to others: Donate Here
- Volunteer opportunities: <u>Kathy@shadowcliff.org</u>
- Join us in community: Sign up for future updates & invitations

With sincere gratitude, Kathy Baldwin, Shadowcliff Executive Director

# OUR STAFF ARE HERE TO SERVE!

#### Executive Administrator

Implements Shadowcliff's strategic goals and objectives, establishes and manages donor relationships and stewardship, and provides direction and leadership to ensure the vitality of Shadowcliff's mission, vision, and values.

#### Director@shadowcliff.org

#### Administrative Manager Emily Cesca

Oversees Shadowcliffs' administrative systems, processes, and policies and manages group reservations. Shadowcliff's point of contact for inquiries during the off season (October - April).

#### Admin@shadowcliff.org

#### General Manager

Manages all onsite operations for the duration of the season including supervising seasonal staff and ensuring Shadowcliff fulfills its services to our guests.

#### Operations@shadowcliff.org

#### Maintenance Manager

Serves as the facilities and maintenance person for the entire Shadowcliff campus - caring for, maintaining, and repairing the facilities and property.

#### **Guest Services Assistants**

Carry out the day-to-day operations of the office including taking reservations and ensuring a positive guest experience.

#### Lead Kitchen Assistant

Carries out the operations of the kitchen and prepares meals for group retreats while working collaboratively with rotating hospitality staff.

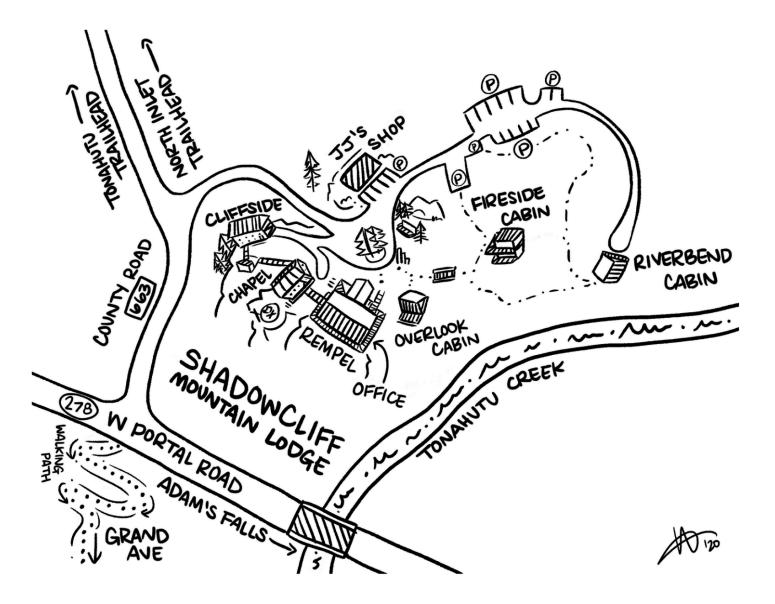
### Hospitality Assistants

Work as a team to provide hospitality and housekeeping services for the entire Shadowcliff campus and our guests.

# MAP OF SHADOWCLIFF & FACILITIES LOCATIONS

Our property includes two Lodges (**Cliffside** and **Rempel**), three Cabins (**Overlook**, **Fireside**, and **Riverbend**), and **The Chapel** (a large, multi-purpose group space). The best way to explore the property is our Laws of Nature interpretive trail.

When you are at Shadowcliff, please honor our neighbors rights to privacy on their land. Please stay on Shadowcliff property only. Help us to be good neighbors.





**Rempel Lodge** is our largest building, located right above the circle drive. The main entrance and Office are up the stairs on the left side of the building. All Rempel guest rooms are located on the **2nd Floor**. The **Men's Hostel** is located in **Room 8** and the **Women's Hostel** is located in **Room 9**, both on the 2nd Floor as well. The Guest Kitchen is on the **1st Floor** behind the stairs. *The 3rd Floor of Rempel, the large kitchen, and the Office are reserved for staff only and are not accessible to guests.* 

**Cliffside Lodge** is located next to the main driveway, closest to the entrance of the property, and to the right of Rempel Lodge and The Chapel. The kitchen, dining room, and guest rooms 1 and 2 are located on the **1st Floor** and guest rooms 3 through 7 are located on the **2nd Floor**. The lounge is located on the **3rd Floor**.

**The Chapel** is located directly between Rempel Lodge and Cliffside Lodge.

**Overlook Cabin** is located closest to Rempel Lodge. Designated parking is the first parking spot in our upper parking area. Cross the circle drive and walk down the pathway to access the entrance.

**Fireside Cabin** is our largest cabin and is the second closest to Rempel Lodge (between Overlook and Riverbend Cabins). Follow the driveway past the upper parking area and on the right you will see the driveway/parking for Upper and Lower Fireside. There is a path that provides access to the cabin.

To access **Lower Fireside** walk down past the entrance to Upper Fireside to the lower deck. The entrance is on the far side of this deck.

**Riverbend Cabin** is the furthest away from the entrance and Rempel Lodge. Follow the driveway all the way down past the lower parking area and continue until you reach the end of the road.

# **GUEST POLICIES & INFORMATION**

# **Cancellation Policy**

Cancellations made within 24 hours of booking will receive a full refund. Cancellations made after 24 hours to 14 days before arrival will result in forfeiture of *half* of the 50% deposit. Cancellations made within 14 days of arrival will result in loss of the 50% deposit *in full*.

## **Guest Health & Safety Protocols**

Shadowcliff follows the policy guidelines for health and safety provided by Grand County public health.

Grand County Public Health is not implementing restrictions at this time. Get tested if you are experiencing symptoms consistent with COVID-19, stay home if you are sick or waiting for a COVID test result, wash your hands frequently, and cover your coughs and sneeze with a tissue or your elbow.

# Check-In & Check-Out

Check-in time is after 3:00 PM

Check-out time is before 10:00 AM

# Check-In & Check-Out Procedure

- Upon arrival at Shadowcliff please check in at our Front Office located in Rempel Lodge.
- All guests are given towels and a linen packet upon arrival for making your bed.
- If you arrive after the Office is closed, you will find your keys, towels, and linen packets, laid out for you. Please make your way to your room/cabin and return to the office in the morning to check in.
- At check out please bring ONLY your top sheet, fitted sheet, pillow cases, and towels to the Office. Please leave mattress covers, bedspreads, quilts, blankets, and pillows in the room.
- Please turn off heaters and lights upon vacating your room or cabin.

## Housekeeping & Cleaning Protocols

Daily housekeeping is not provided in rooms or cabins during your stay. In Rempel and Cliffside Lodges, common/shared areas are cleaned daily. Should a maintenance issue arise during your stay, please notify our Office immediately.

## **Guest Kitchen Protocol**

Guests staying in Rempel Lodge have access to the Guest Kitchen on the 1st Floor behind the stairs. Guests staying in Cliffside Lodge have access to the Guest Kitchen on the 1st Floor. Please adhere to the following protocols:

- Please label all food with name and departure date, and remove all food upon departure.
- Please be mindful of refrigerator space by not storing large beverage cases or other large items.
- Please wash your dishes and cooking items immediately after using them and leave them to air dry in the dish rack.
- Please put away any clean, dry dishes in the dish rack even if they are not yours.
- Please wipe down all counter surfaces with the provided disinfectant after use.
- Please make sure to turn off the stove/oven after use and turn off lights when finished.
- Please alert staff if anything needs attention.

## **No Smoking Facility**

Shadowcliff is committed to a **No-Smoking policy** throughout the facilities and anywhere on the grounds. This includes tobacco products, cigars, pipes, marijuana (medical or otherwise), and electronic smoking devices. *Guests in violation of this policy will be asked to leave.* 

## **Fire Safety**

In addition to our No-Smoking policy, no open flames of any kind are permitted, including burning candles or incense. Fireplaces, wood stoves, and BBQs are permitted under supervised conditions and in designated areas. The fire pit at the Point is only available to groups (advance approval required by Shadowcliff staff), and must be supervised by an appointed party at all times. Grand County often experiences fire restrictions during the summer months due to the hot, windy, dry climate, and guests must adhere to any county-wide fire restrictions at all times.



### **Pet Policy**

We love pets, but we are concerned about the safety of other guests and the natural wildlife in the area. Therefore, guests are not permitted to bring pets on the property with the exception of Service Animals as defined under Colorado law. If bringing a Service Animal, Shadowcliff needs to be notified prior to arrival so that staff can be prepared. Shadowcliff adheres to the guidelines regarding Service Animals set forth by the ADA, which can be reviewed <u>here</u>. Please note that the ADA does not include emotional support animals as Service Animals, unless the dog is trained to perform a task related to a person's disability.

#### **Quiet Hours**

Quiet Hours are from 10pm to 7am. Please respect your fellow guests and be mindful of your noise level. Shadowcliff is first and foremost a sanctuary for our community and we ask for your help in treating it as such. Loud music / parties or disrespectful behavior towards other guests or staff members are not tolerated. *Guests in violation of this will be asked to leave.* 

#### **Internet Service**

Please be advised that due to our remote location we cannot guarantee the speed or reliability of our internet. We have been able to make several improvements to boost the WiFi signal across the campus, however we are still restricted by the speed and reliability of our internet provider.

Network: Shadowcliff WiFi Network

Password: 9706279220

#### **Coffee & Tea Service**

Tea is available throughout the day in the Rempel dining room. Coffee is available in the Rempel dining room from 6:30am to 9:30am. The guest kitchens are also equipped with coffee makers. Shadowcliff provides sugar and sugar substitutes, and powdered creamer.

#### Gratuities

Staff gratuities are voluntary, but make a significant impact on our staff and are always greatly appreciated. You may add a staff gratuity to your bill during your check-in or you may drop it in our

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## Trash & Recycling

Lodge rooms and cabins are equipped with trash and recycling bins. There is a large bear-proof dumpster located in the parking lot next to JJ's Shop. You may dispose of extra trash in this dumpster during your stay, but please be mindful to re-secure the bar after accessing the dumpster. **Please do not leave food, trash, or scented items in your car as these can attract bears!** 

Recycling bins are located above the circle drive on the back deck of Rempel Lodge. You may dispose of extra recycling during your stay in these bins. The following is a list of items that are and are *not* accepted by the local recycler. For any items not accepted, please dispose of these in the trash, or we encourage you to take them with you if you can recycle them at home:

### Materials Accepted:

- Aluminum food and beverage containers
- Glass food and beverage containers brown, clear or green
- Steel/Iron Cans
- Plastic Bottles #1 thru #7, caps removed
- Corrugated Cardboard, please flatten all cardboard
- Paper Bags
- Paper Board
- Newspapers
- Office Paper
- Junk Mail
- Magazines and Catalogs
- Phone Books
- All other office paper without wax liners
- #6 Styrofoam

### **Materials NOT Accepted:**

- Used kleenex/tissues
- Plastic Bags
- Microwave trays

- Mirrors
- Window or auto glass
- Light bulbs
- Ceramics
- Porcelain
- Plastics Unnumbered
- Coat hangers
- Glass cookware/bakeware
- Household items such as cooking pots, etc.

### Amenities

Shadowcliff provides the following in all facilities for your stay:

• Dishes, silverware, cookware, and meal prep items (cabins and lodge kitchens)

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- Microwaves (cabins and lodge kitchens)
- Coffee makers and filters (cabins and lodge kitchens)
- Toasters (cabins and lodge kitchens)
- Refrigerators (cabins and lodge kitchens)
- Ovens (cabins and lodge kitchens)
- Bedding, linens, and towels
- Trash bags
- Paper towels
- Toilet paper
- Tissue
- Hand soap
- Dish soap
- Sponges
- All-in-one shampoo/body wash
- First aid kits
- Hand sanitizer
- Disinfecting wipes



Additionally, **Overlook**, **Fireside (Upper/Entire)**, and **Riverbend** Cabins are equipped with the following:

- Microwave
- Coffee maker and filters
- Toaster
- Refrigerator
- Oven
- Pots & pans
- Knives
- Cooking utensils
- Can opener
- Colander
- Cutting board
- Mixing bowl
- Baking pan
- BBQ (subject to fire restrictions)

Lower Fireside Cabin is equipped with the following:

- Microwave
- Coffee maker and filters
- Toaster oven
- Minifridge
- BBQ (subject to fire restrictions)

Shadowcliff does **not** provide the following items:

- Food storage, ziplock bags, or containers
- Charcoal, lighter fluid, or matches
- Condiments
- Coolers or ice

### Should you need an extra blanket due to cooler weather, please stop by our Office to request one!



### **Rocky Mountain National Park**

Both an **Entrance Pass** and **Timed Entry Permit** (between certain hours) are required to enter ALL areas of the Park. If you have specific questions please contact the Park directly.

Entrance Passes: <a href="https://www.nps.gov/romo/planyourvisit/fees.htm">https://www.nps.gov/romo/planyourvisit/fees.htm</a>

Timed Entry Permits:

https://www.nps.gov/romo/planyourvisit/timed-entry-permit-system.htm

# LOCAL RESOURCES

Please be sure to contact local merchants directly as modified hours and restrictions may apply.

#### Grocery

<u>Mountain Market</u>

400 Grand Ave. Grand Lake, CO 80447

(970) 627-3470

### **Juniper Library**

316 Garfield St. Grand Lake, CO 80447

(970) 627-8353

### **Grand Lake Laundromat**

701 Grand Ave. Grand Lake, CO 80447 970-798-8144

### **Grand Lake Post Office**

#### Open 8am - 4pm Monday - Friday

520 Center Dr, Grand Lake, CO 80447

(800) 275-8777

<u>Rocky Mountain Grocery</u> 701 Grand Ave. Grand Lake, CO 80447 (970) 627-3210

# Middle Park Health Open 24 hours 1000 Granby Park Drive South Granby, CO 80446 (970) 887-5800



# FUN THINGS TO DO!

# Please be sure to contact local merchants directly for operating hours or questions.

# Grand Lake Village

- Restaurants and Unique Shops
- Miniature Golf
- Ice Cream Parlors
- Rocky Mountain Repertory Theatre
- Kauffman House Museum
- Grand Lake Visitor Center

# **Rocky Mountain National Park**

- Area closures and reservations to enter are in effect: <u>https://www.nps.gov/romo/index.ht</u> <u>m</u>
- Rafting
- Park Ranger-led Hikes & Programs Individual Hikes
- Auto Tours on Trail Ridge Road
- Holsworth Historical Site
- Kawuneeche Visitor Center & Alpine Visitor Center

# On The Lake

- Beach/ Kid's Wading Area
- $\circ$  Water Sports and Boat Rentals
- Stand-up Paddleboarding (SUP)
- Kayaking
- Fishing must have a Colorado Fishing License if 14 years or older

# **Private Bookings**

- Massage
- Grand Lake Golf Course
- White Water Rafting
- Hot Air Balloon Rides
- Horseback Rides
- ATV Rentals

# **Granby/Winter Park**

- Winter Park Alpine Slide
- Winter Park Mountain Biking
- Winter Park Adventure Quest
- Devil's Thumb Zip Lining
- Granby Ranch Mountain Biking

# **Hot Springs**

• Hot Sulphur Springs

# SELECTED HIKING NEAR SHADOWCLIFF

The following hikes are within walking or driving distance of the lodge. To access Rocky Mountain National Park trailheads, simply follow our driveway back down to West Portal Road. Take a right and begin walking up the hillside. There is parking at the North Inlet Trailhead if you wish to drive.

Please be sure to visit the Park website for current trail and area closures and other regulations: <u>https://www.nps.gov/romo/learn/fire-information-and-regulations.htm</u>

## Tonahutu Trail (Tonahutu Trailhead)

This forest trail is accessed off of West Portal Road near the Grand Lake Water Plant about 200 yards from Shadowcliff's back door (near the North Inlet Trailhead). It is a gently uphill trail following the To- nahutu stream to Big Meadows a distance of 4.4 miles. The trail continues to Granite Falls, Haynach Lakes and over Flattop Mountain, where it joins the North Inlet Trail and ends at Bear Lake on the east side of Rocky Mountain National Park.

## Cascade Falls (North Inlet Trailhead)

Photogenic Cascade Falls is 3.4 miles into the North Inlet trail. This easy hike passes through an open meadow where marmots are often found and by a river that winds through a lodgepole pine forest. Fishing is good for small brook trout and an occasional brown trout. Allow 3-4 hours for hiking this trail. This trail is accessed within 200 yards of Shadowcliff's back door and eventually leads all the way across Flat- top Mountain to Bear Lake on the east side of Rocky Mountain National Park (RMNP).

### Adams Falls (East Inlet Trailhead)

This easy, 1/3-mile hike leads to a small, pleasant waterfall. If you wish to go further, past the falls, the trail is easy for about a mile and you will quickly come to a large, grassy, glaciated valley with a river running through it. Moose are sometimes sighted in this valley. Many types of wildflowers are found in this area. The East Inlet Trail is 1.3 miles from Shadowcliff and is accessed by turning left at the paved road below our entrance and driving 1.3 miles to the parking lot at the trailhead.

# SELECTED HIKING TRAILS (EASY TO MODERATE)

# Coyote Valley Trail (Coyote Valley Trailhead)

This 1-mile round trip, level trail is wheelchair accessible and has lots of benches for resting while contemplating nature. Follow this path alongside the Colorado River in Kawuneeche Valley. Elk can often be seen grazing on the various sedges and grasses of the area. Picnic at the tables found at one end of the trail, or fish along the trail. Allow about 45 minutes to one hour for a short but enjoyable hike. Access is gained from Trail Ridge Road about 7 miles from the western entrance to Rocky Mountain National Park.

## East Shore Trail (East Shore Trailhead)

This gentle, mostly flat trail travels along the east shore of Shadow Mountain Lake to the dam, for a dis- tance of about 3.5 miles. Flowers are abundant in mid-June through late July. It is accessed from the East Shore trailhead or from the dam site at the Green Ridge Campground as described in Shadowcliff Mountain Lookout trail.

## Green Mountain Loop (Green Mountain or Onahu Trailhead)

This trail passes through the lush, marshy Big Meadow, and through forests of lodgepole pine, quaking aspen, subalpine fir and Engelmann spruce. See moose and elk foraging in the meadow; explore the cabin ruins of early settlers. This loop hike is 7.6 miles long and should take about 3 ½ - 4 hours. We suggest you start at the Green Mountain Trailhead and return on the Onahu Trail to your parked car in the Green Mountain parking lot.

# SELECTED HIKING TRAILS (MODERATE TO STRENUOUS)

# Lulu City (Colorado River Trailhead)

A flowered field is all that remains of this once booming mining town. Pass by the remains of log cabins and look for tailings from Shipler Mine about 2 miles into the trail. Pass by the Colorado River and through flowering meadows on this moderately difficult 7.4-mile round trip hike. The trail is accessed from the Colorado River trailhead located 10 miles inside the western entrance to Rocky Mountain National Park.

## Lulu City/Yellowstone Loop (Colorado River Trailhead)

After passing Shipler's cabins, you will come to a sign that will designate Lulu City to the left and Little Yellowstone to the right. Stay right at the Y. Follow the trail all the way to the Grand Ditch. Little Yellow- stone is a miniature version of the Grand Canyon of Yellowstone, formed of stark gray volcanic rock. At the Grand Ditch take a left and follow the Ditch for two miles until you see a sign that says "Stage Road, Lulu City," take the left and follow the trail down. At the bottom of the trail, take a right and head toward Lulu City. The hike is 11.6 miles in length and is a moderate to strenuous hike accessed from the Colorado River Trailhead.

## Shadow Mountain Lookout Trail (East Shore Trailhead or Green Ridge Campground)

Visit an early fire lookout, resting near the summit of Shadow Mountain and experience a fantastic view of Shadow Mountain Lake, Grand Lake and Granby Lake. Park at Shadow Mountain Dam by the Green Ridge Campground in Arapaho National Forest. The trailhead is at the far side of the dam. Another en- trance to this trail is from the East Shore parking lot. Allow a minimum of 4-5 hours for this hike.

# SELECTED HIKING TRAILS (STRENUOUS)

## Timber Lake Trail (Timber Lake Trailhead)

This lovely but challenging trail is accessed at the Timber Lake trailhead 10 miles from the RMNP west- ern entrance directly across from the more well-traveled Colorado River Trailhead. The hike to Timber Lake is approximately 5.3 miles and gains over 2250 feet in elevation. It is scenic and opens into a broad meadow surrounded by several mountains for the last <sup>3</sup>/<sub>4</sub>-mile before reaching the lake. Mt. Ida can also be reached from this trail, but there is no trail to follow so you should ask for specific instructions.